

Second Quarter Overleaves Review

March 28, 2025

Transcript by ZOOM Edited Susan A. Flow

Michael: So welcome, everyone. It's good to have you here tonight. Thank you for attending the second quarter of the 2025 overleaves update And as you can see by the subtitle here. We're talking about certain aspects of the Overleaves that were mentioned this year. And it's a toughening with Masculine energy. And that'll be explained more as we go along. And in a moment we'll review these Overleaves that we gave you a few months back.

2nd Qtr. Of 2025 Update

Toughening with Masculine Energy

Becoming more resilient NOT a bigger As-Soul.

But the theme, of course, is on resiliency, toughening means strengthening. But not hardening or becoming, as you see here, a phrase that we humorously created last year at the Michael East Coast Michael gathering and As-Soul **because everyone is an as soul you are as is.**

Overleaf Influences for 2nd 2025 – Goal & Attitude Emphasis

- **Role:** Artisan – Redesign, surfing the waves of tumultuousness
- **Casting:** Warrior – Adds constraints to the erratic qualities with anger
- **Goal:** Discrimination (aka Rejection) – Discern then discard
- **Attitude:** Cynic -
- **Mode:** Power – **Where do you develop or express your uniqueness?**
- **Chief Feature:** Martyrdom – Shame, denial, then Self Pity = Hate.
- **Center:** **Emotional / Intellectual** Part (Make peace with Shame)
- **Masculine/Feminine** Ratio: 61/39 – Trying to bolster action against fear
- **Frequency:** **64 – Feeling time and pace distortions as “too fast”**
- **Scope:** **Ordinal** – More personal, smaller and manageable inner refinements. Also, more immediate hands-on, interpersonal actions with
- **Realm:** **Techno** – Working to replace the organic with mechanical

So in any case, up to this point, we've said that this is an Artisan year and many of you know that we use the concept of Casting when we also talk about the secondary or the containing energy of the primary Role. So the primary is Artisan, but it's cast or set within a more firm and disciplined energy of the Warrior.

The Goal is Discrimination. Many of you know Discrimination by its original name of Rejection. And we'll talk about some of those distinctions, but how also both of them

can play out this year. And how you might both utilize those energies but also at times feel the effect of them. And then some of the ways that you might moderate your own emotional reactions toward that.

The Attitude of Cynic with its' several Positive Pole interpretations. Contradiction was the original. The second one after that was Argument and we have added the third, Debate all of which have, again, slightly different connotations. But in the Positive Pole, what they mean is a kind of sharpening, a healing, a very minimize and kind of "get to the point" sort of intention behind them. And the Goal and the Attitude, has a particular emphasis for this next coming quarter through April, May, and June.

But of course, all the Overleaves are in play. So continuing on, the Mode of Power, which will particularly be up throughout the summer and fall. The real battles to some extent are already showing themselves. But it comes with the Chief Feature of Martyrdom. We don't even see a secondary Chief Feature because it is so overwhelmingly the energy of everyone having to confront whatever level of victimhood they have, self-pity, what they do about it and then projection of that onto other people. The Emotional Center in the Intellectual part is very prominent.

And as you see what we have we said before, this year, more than ever it's about coming to terms with and making peace with the emotion of shame. Shame is not evil. Shame is not bad. Like all emotions, the Tao has a purpose for it. And what shame does is **that it always brings one within deeply so**. The point of shame, though, when it becomes something that is launched at someone else in stigma, and then you catch it and hold on to it, becomes this stifling deactivation of power.

So notice that Power and the Emotional Center here are going to be either working together to give you much more potential strength or they're going to make you see yourself, as you will see other people, locked in this inner battle of powerlessness and succumbing.

We mentioned the Masculine energy, Masculine/ Feminine energy ratio of 61 and 39. So while it is somewhat balanced it's still more prone or bent to the Masculine side. You know we want to emphasize that the positive expression of Masculine energy is about directiveness, convergence, owning things, in the Positive Poles. And it also is a strengthening.

Why it is important this year has nothing to do with the number of men and what kind of incredibly backlash Macho reactionary version of historic the Archetypal Masculine from the Baby and Young Soul Era. But rather it is to help each of you bolster inside of yourself to focus on persistence rather than resistance. With the purpose of that being, if you are appointed and move forward instead of leaning into and trying to prevent, most of you will be less exhausted. And many of you, of course, are still exhausted from six months ago when election happened.

Now, the Frequency of 64 continues for another year of the seven of the last 10 years the Frequency, that is to say rates and paces and speed or degrees of motion in the universe, *in your universe* (Soloverse), also in social interactions and so forth, has been above the 50% mark. Which means for many of you that is outside your normal comfort range of pace or the way that you'd like to do some things. And we have a few people here who are 40 and below and we acknowledge how much it can feel

either very distorting, because the frequency when it's too fast can make the amount of time that you spend at any given activity or the amount of time that you had in a day and then you say, "Where did it all go?" because of those distortions and so forth. They can feel out of sync. And that, of course, can make you feel out of sync.

Next, in addition to that, we talk about the Ordinal scope, which is very, very significant relative to the entirety of this year. Because we said folks, don't expect yourselves as older souls to actually see any huge changes or either on the horizon of Collective Humanity or your own ability to vision large scale things that are going to happen.

Instead, Ordinality, the way we're defining it in the Positive Pole of Connectivity and the Negative Pole of Invisibility will have the influence of drawing you to personal things. How do you reconnect on a personal level? That is to say, you the individual. Also, we'll say it as we start exploring the Overleaves more specifically, How do you take that individual or specific focus of the Masculine energy and Ordinality and then really look to yourself to say, "How do I just manage my own little world?" We're not talking about an exclusion, or rejecting the outside world, which of course is back to the Goal of Discrimination. But we'll explore that more.

Then lastly, many of you know that some 14 years ago we got information and introduced a part of the Teaching that is only through this channel so far, even though some others have read it and perhaps will someday begin getting information about it, but we talked about the Four Realms of Pre-Incarnation.

Those realms being the Fairy Realm or what is the embodiment of Expression in the universe, the Angelic Realm the embodiment if you will or the encasement of the Inspirational, and then the Techno Realm, which is the pure origination, if you will, of the order and structure of things or the Assimilative quality of the universe. And then you all live in the Material or the Physical Realm, which is also known as the Terrestrial Realm. Which is where you have chosen to be in souled bodies and work with materiality and things and in basically four dimensions. Four dimensions... by the way Time being the fourth. The other three, of course, is Height, Width, you know, and Depth.

Anyway, why Techno realm is so featured and will be through the rest of this decade is not because you are going to all become robots like something out of the Matrix or something of that nature. But rather, as we will talk to you, it has gotten to a point where the infusion of that energy has so influenced the mindsets of all of you that you find your own ability to be in sync or rest with your own organic nature difficult. And by organic, please, we're not talking about organic food. We're talking about organic meaning analog. Meaning analog, physical, meaning animal, meaning biological as opposed to mechanical digital and the kind of ordered machine processes that operate; what humanity has adopted you know over millennia of course many parts of which are or have been very helpful.

But you've reached a crossroads where humanity's adoptions of those inputs are now being confronted, where those inputs, those styles those approaches are starting to challenge and supersede your human beingness. And the way that's intersecting of course is through the sector of your humanity or the sector of your society you call the

Technological or internet computer sector. Because the mindset of those people have adopted it so much that they would like to see the world run as a machine and you all as cogs in it.

So that is something that is a great inner conflict for you as individuals as participants, but also as members of society since you are those who are subject to these moving forces.

Now, as always, we indulge the channel because, you know, he is a Sage, he finds that levity is an important way for him to, you know, convey his messages and so and that is one of the reasons we utilize him. And he likes to do these visual slideshows. Now we hope they're instructive and not too distractive. But for each one we will describe why we chose the images together with what they mean.

Too Ordinal! – 7th Chakra in 1st Chakra



Over-personalizing in Martyrdom.

Toughening up! That is what Masculine Energy with Discrimination and Cynicism looks like. Brave compassion and kindness does not mean being soft. It means confronting B.S. wherever you find it. Including ones Self!
Adaptation – Shredding, Shedding and Re-Shaping

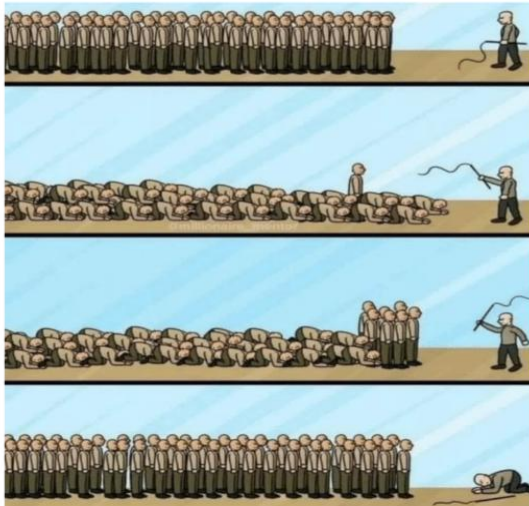
Now, this humorously of course you know with the head up the ass as it were is you know really a very dramatic and overstated way of being so insular, so solipsistic, so self-obsessed that one literally hides from the world at large their own inner world and doesn't see anything outside of itself. And of course, that is a major, major kind of blindness that maybe many of the Young and Baby Soul energies in this world currently are stuck. But you too, as Old and Mature Souls can equally get stuck in these own kind of self-reflective patterns.

Now, one of the ways, for those of you who've been reading the text on this slide.... until finally what you see is that when everyone as an individual stands up, then what happens is you defeat the Authoritarian. And that defeat of the Authoritarian doesn't mean, and we're not implying that they get killed even though some of that may in fact happen. Because the energy of the human Dominance-Aggression Competition, Punishment Pain Model, are still prevalent in human evolution.

Your movement to the Conscious-Awareness Cooperation Reward Strength Model

is what's happening. So those two models are overlapping and there is liable to be **pieces of both present and in conflict**. Well, we said this year is Ordinal. And what is your challenge? The challenge is that one person at a time needs to find out how to share in a common narrative, that means even those you disagree with.

Mature Soul Realization: Power in Numbers!



The/Your Challenge!

Finding a common ground based on a common narrative.

Mature and Old Souls are scrambling to shape a common narrative which appeals to the average Baby and Young Soul person.

This will continue to be your challenge throughout the next 25 years.

Each must find ways of "speaking with each other".

Don't let your pride masquerade as your principles. Vulnerability hiding as Arrogance will harden you causing you to remain isolated instead of involved.

Why? Because ... now we're reverting back to something and we will put this in the chat in just a little bit... We continue to talk through this channel about the notion of Vibration. And remember, we distinguish the notion of Vibration from the notion of Frequency. Frequency is pace. Vibration is density or levitation and expansiveness. Density can be firmness, hardness and so forth. Neither is bad or wrong. But, rather when you think about the physics and even metaphysics of the universe, when you are in higher vibrations, you can pass through and transcend more things.

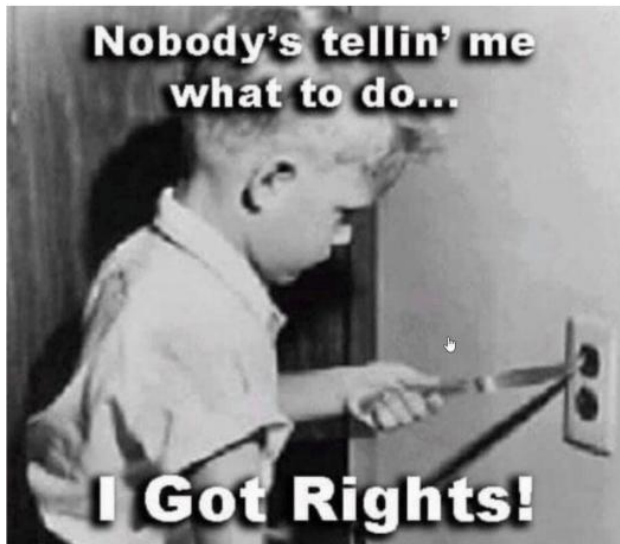
When you are in dense energies which sometimes is appropriate, you are going to be firm, solid. And impact things in the universe and that can sometimes mean other people. So when you begin this challenge to find ways to find common narratives, the objective is to raise the vibration, even in small pieces, even in smaller conversations. Because the more that any of you, on their side or your side, if you hide your vulnerability through superiority, and superiority we also call the Chief Feature of Arrogance, it will harden you. And then in hardening you, it will not allow that adaptability to happen.

And much of the next three months is really going to test you and really going to give you pause. And many of you will feel like you fail. Really, you will. But you may have little smidges, little instances where you have little moments of kindness or at least kind non-confrontational or non-nervous conversations.

And as those happen, what we said to you about the Frequency is to hone in on those actual events. And mark those as, so to speak, consciously and deliberately in your little calendar, your little checkbook, in your mind, and start building on those. Because the more you do, they will then become habit. You will then be able to start seeing a chain of events that become a way of dealing with things.

And we're not suggesting you give up your principles at all. We're suggesting that you are re- helping to rebuild some form of bridges. Because those will make your life easier. Not to mention, make authoritarianism much weaker.

A Naïve View of Rights – Baby and Young



They are still experimenting with these lessons. You can *assist, shame, or help* them after the conflagration.

Now, what you are facing that, we want to acknowledge on this next slide... we know some of you are probably having a smile and we hope you are... is that you notice this image. And all of you who have been parents, heck, all of you who've been kids in the modern era where they've had electrical jacks in the wall probably did something like this. The channel, he laughed heartily because he did this when he was a kid.

Not very bright, had to learn the hard way. And many, of course, thank you, Tomaso. (see chat dialogue) We agree that is a true state about the Physical Plane especially in the Younger Soul ages: trial and error, actual experience, because the TAO wants experience. But notice in the recent years the statement that has been empowered by these folks in these frustrating times has been to say, "Well, I got rights" as if doing stupid stuff or indulging oneself or, you know, having these lessons however they might be and taking off any guardrails, even if they're guardrails to protect these very people and them from themselves, still they have to go through them.

Your challenge in understanding this is to be able to stand on the side and rather than roll your eyes in condescension or something of that nature, is to remember, "Okay, they're doing their experiments. And yeah, sometimes they're going to leave a mess that's splashing into my zone my realm". But remember, you could do these three things.

1. You can either assist them in getting up or helping them if they've been hurt.
2. Or you could shame them for their stupidity, which is a word that is in the forefront once again. And one that we will even use in talking about human nature as well. (Under the heading of the P.A.F.S. Principle)

But the way you choose to approach these people after this can also assist you in actually building competent compassion.

3. Competent compassion. Which means you are not going into reactivity you are going into proactivity about how you engage these people or at least step aside as they're going through their things. This choice we want to acknowledge it is the one that you will eventually see a lot more of.

Unfortunately, throughout the end of this year and for the next probably arc of the 2020s, you will see the Baby Soul mindset, you know, of "kill or be killed", "might makes right", "us against them", and "anything I don't understand is a threat and I've got to be protected".

The Current Mind Set of Baby Soul



Now notice those are all phrases that come out of our various books from various times about Baby Soul mindsets of this kind of duality, conflict-oriented, threat oriented way of looking at the world and of course You see the person in this slide, you know as being, armed to the hilt while others are not.

So know with those we're not asking you to bring compassion. We encourage you to continue to persist in stressing the principles of whatever appropriate defense or nonviolence or even realizing that you can stand in a disciplined way against this kind of energy.

Now, we hadn't brought this up in the first quarter of our conversation, but we thought it was a useful way to give you some input. First of all, we want to acknowledge this diagram of the Nine Needs that was originally channeled and in fact, even this diagram done by J.P. Van Hoole of the Michael Educational Foundation. All we channels utilize it now, of course, but again this graphic is from that person for that purpose.

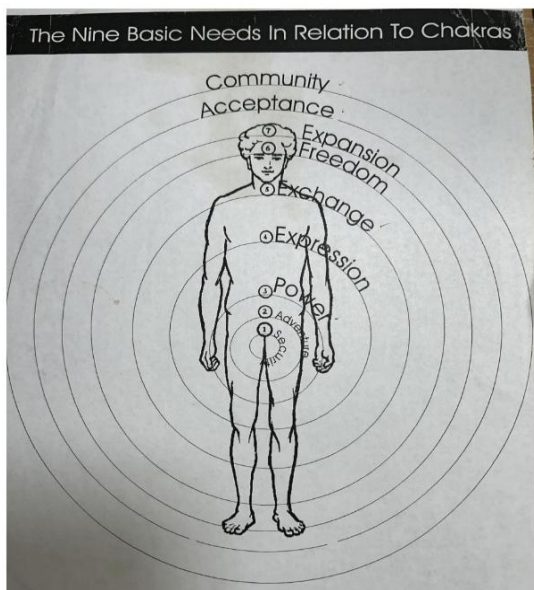


Image from Michael Educational Foundation by JP Van Hulle

Emphasis in 2025

1. Need of Power.
2. Want for Security
3. Desired Expression
- to be heard and counted!

All Soul Ages seek and achieve these in different ways.

This ordinal quality of the year, how do you help give yourself a focus in Discrimination what to sort on, because the Positive Pole of Discrimination is Discernment, is sorting, is precise categorization. Emphasis on precise! You'll see in a moment why we differentiate it from the word accurate.

But when you do that, you can feel yourself accruing a power within yourself that can begin to sustain yourself. And notice that when you look at this chart, you see the need of Power is centered at the third chakra. And of course, the third chakra is commonly known as the Power Center of the Self. It is also the Warrior center of self. So it means becoming aware and even fleshing out those qualities inside of yourself that will stand and not be overrun.

The second need is the want for Security. Now notice that security as a need, when we use the word specifically because many of you are in factual terms, whether it's monetary or the fact you are of a race that is not or an in-group, a social group that is not particularly targeted, but you feel the insecurity in the world. And we want to acknowledge that, in an Emotionally Centered year as this is, and with all the enormous amount of chaos and transitions that have been happening now for well over 10 years, but once again security has been amplified again this year as a reformation kind of energy. Your want for security, to feel buffered against, to feel that you know you're behind the walls of your Instinctive Center looking out and there's no one that could overrun your fortress sort of thing.

So find out where you have openings in your fortress. And we don't mean by letting people in. We mean by things that you might be doing in your own psyche such as preserving old fears, old traumas, old things that may or may not be true in the present anymore but they still linger. And work to heal those. And again, use discernment and cynicism. And remember cynicism could feel caustic but it also says, "enough is enough" and put aside those things that are not real, but still in the imaginary zone that you entertain as 'what-ifs'.

The last one. Now, these Nine Needs, again, these are just three of the nine because these are the ones that are really emphasized this year. And that is the desire for

expression. So notice we're using the term need, want, and desire. The need for power is literally when we use the word need, it is a requirement. When we use the word Want, it is a fear of shortfall and Desire is like an aspirational quality what you hope to attain or achieve.

So having said that it's almost as if everyone is looking once again to have their voice be heard, their ideas be counted, and their contribution to be seen and valued. And for that, we would tell you that those will be *efforts*. And they will be *efforts that you folks make*. And that is why understanding when we talk about it through the remainder of the year, the Power Mode will become particularly important in your reformation of a sense of self.

Now, understand, and here's the last line on this slide, that all Soul Ages have these going on underneath their consciousness. You as Old and Mature souls, and we think there's only one or two Mature souls in the room, all of you, all of you, bring these into your conscious daily mindset. Keep them right in front of you as deliberate things that you consider, rather than background kind of subtle energies that are going on in... this is a term some of you know we borrowed from Carl Jung,... your Shadow Self, your shadow self. Which we also say with the old phrasing we once used, False Personality, we have now morphed into the concept of *Ego, which is literally the concern that you as a personality have with your social interactions, with your interactions and animal safety in the world.*

If you keep all of that right in front of your Ego, right in front of your Personality, together and make it a team effort then what you will find that strength emerges. First of all, many of you will have to be pushed, you will push yourselves out of your comfort zone. But you will find that pushing yourselves out of the comfort zone will actually be in the long run, a feeling of gratification for having accomplished something. And that is very useful for minimizing insecurity. Insecurity, of course, being that want for security or the generative force for that.

So we're going to go through the Overleaves and once again kind of just retouch on them. In each of these slides, Artisan Energy, ladies and gentlemen, remember of the seven archetypes, Artisans are the ones that bring the most, can literally bring the most chaos to the world. And when they are in a Warrior orientation like that, the two of them in the Negative Poles, the Negative pole of Artisan being Self-delusion, Self-deception, or Artifice. A hooking up with the Negative Pole of Warrior, which is Coercion and Destruction, the two of them can make quite a mess. And we think that you can see this in many of your institutions and the accelerations of many familiar aspects of your world being taken apart.

Now we have some good news with that in a minute when we go through the how's and what's and of course. The second half of this presentation will be turned over to you. We imagine many of you will be asking specific questions.

Artisan Energy in 2025 acts like a Roulette Wheel.



The image is at 0 = Zero = TAO
= Unknown = Total Freedom
= All variables in play and all variable.

But as the Roulette Wheel reveals, there are 37 other locations or configurations of reality that can occur.

Symbolically, this open-ended position has only a 1/37 or 2% state of existence. 2025 is in this flux.

Lots of Chance – Meaning Open-ended and not defined circumstances.

We will be referencing this now as we show you this roulette wheel, which implies a spin of randomness as opposed to some great planned set of destiny or individual or collective. It is again reverberating a message that we have said over the last couple of years and said at the beginning of this year again. The reason we chose this photograph is, notice the roulette wheel is at zero. And now we're going to make a reference to many of you who know we created a tool called the [Michael Motivation Cards](#) and we numbered the energy of the TAO with the number zero.

So in many real ways, what you are witnessing and what you are a product of and what you are immersed in is the total freedom of creativity that is unbounded by any restriction. And part of the freedom of creativity is also called chaos. And so in realizing that the Artisan and energy of this year is chaotic on the world scene, your job is to seize that chaos as best you can inside of yourself in this reincarnation using the Goal of Discrimination and discriminate what you keep, shave away the excess.

But be careful to not to reject things out of hand or to give... which is the Negative Pole of Discrimination, or another negative Pole of Discrimination is that of Prejudice... bias and unwarranted exclusion. Because that, of course, you see is at the core of all the dismantling. How much bigotry and unwarranted discrimination, the DEI attacks, that's in the outer world.

Now to the inside, as we said to you, a word that we have used several times that represents the Masculine energy trying to assist you in getting to is this idea of bravery. And we mentioned the Techno Realm, and nothing is more representative than the Techno realm in most people's mind than the looming specter of artificial intelligence, which of course, seems very alien. And in fact, it really is.

But why we wanted to bring this up is because, of course, it's also very alluring. Now, the Artisan energy for a person Ordinarily is about looking at your own image or concept of Self. Now you see here something that Stephen did that in fact a couple of our channels out there have also done. We hope this does not look too ridiculous. We didn't mean it to be, but in fact, we wanted to at least offer it for its illustration effect.

Steve to AI – “How would I look/feel if I were brave?”



Artisan Energy allows, encourages, or distracts or deceives one into different **self-images**.
Are you aware of yours?

Here is an example of using AI to render or redo a perception of yourself.

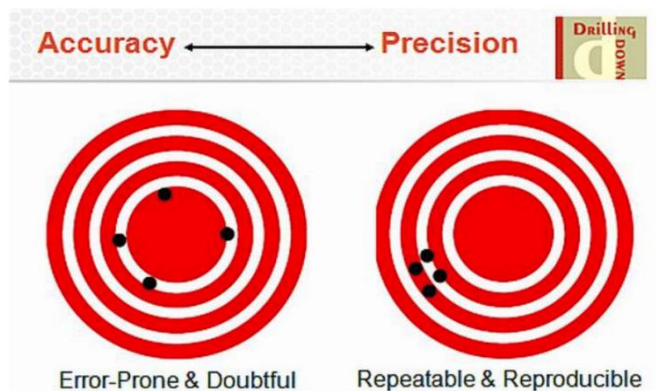
And that is “How would I, Stephen? Look or feel if I were brave.” And with AI and a few photographs to prompt it. It gave me this rendition. Now, we believe that on your screen you actually see Mei and her husband Richard also have an AI depiction of themselves. None of these are bad, wrong, good, evil, wonderful, etc. They can reflect the Negative Pole of the Artisan energy, which is Self-delusion. Absolutely, if they are too grandiosely done. If you're a person in your 70s and you've been regressed 50 years or you're a person who weighs a whole lot and suddenly you're, you know, svelte and fit. Those kind of things are parts of your self-delusion where you are essentially rejecting your own Self rather than seeing it enhanced and embracing it, as-is.

Now, in this particular case, we would classify this as an enhancement to offer a path of inspiration because it essentially looks and has been structured, but has just a few augments that doesn't reshape him, but it adds a few things that says, “Okay this is imagery that adds to something.” And we encourage you all to go to whether it's the [Chat GPTs](#) or the [NightCafe](#) or the [Dall-E](#) and so forth, and experiment with these and see what you come up with.

As you get these kinds of visual feedback, more importantly, look at the verbiage that you are choosing to really rebuild, reassess, redo, recompose your self-image, which is the Positive Pole of using the Artisan energy with the Goal of Discrimination, which, by the way, is the Artisan's Goal. And to see if these are images that empower you or delude you. And if you are cynical by doing a great deal of rejection of what you are now, instead of saying, “How can I take the best me that I am now and raise my vibration”.

Now. This is something we'll bring up throughout the year and we're actually working on an article about this because we think this is a representation of how important words are. And we're talking about the distinction between accuracy and precision. And we want you to look at those graphics for a moment and notice what you see. And then the phrasings underneath them. And we're letting it sink in for you for a moment.

Pos. Pole Aspects of Discrimination to Focus Upon



You see folks in the world it's very easy to delude ourselves or be deluded by somebody who uses a term, quote "accurately" as a definition. But they're not using it as a descriptor which is continuously and precisely pinpointing something that can bring out much more detail. And that can be proven over and over again. Some of the rhetoric and some of the ways that you see, you know. the shaping of the news media is a good example of a word can be used socially like "national security". Well, the versions of national security on the right and the left of such vastly different interpretations and meanings, right? That these kind of things are really important to suss out and to fake your claim if you will, the Warrior Artisan, which says, I'm creating for the purpose of moving forward, not just defending.

Discrimination = Words Matter!

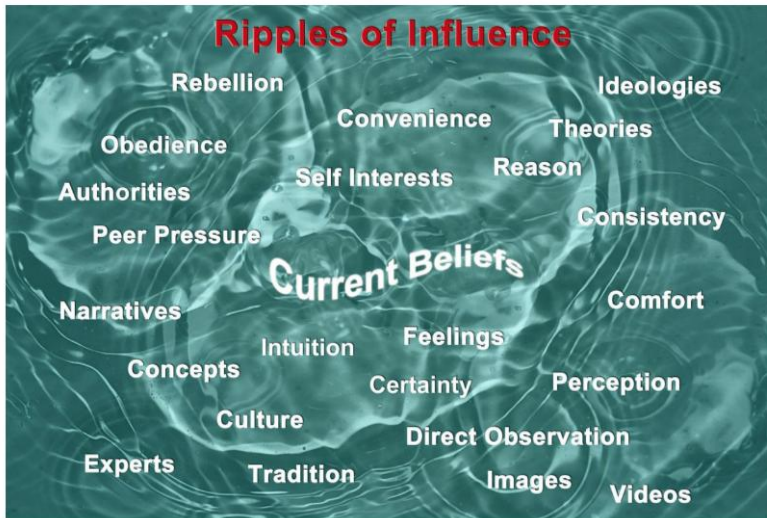
Discern Definitions and Usage Precisely = Soul Aging.



And of course, we say "words matter". So how are you using words? And this is of course one of the big hurdles that we find that, if you will, many of you who have been readers or educated and who are Intellectually centered have come up against this feeling of "how much, not just the American population, but many parts of the world have been dumbed down" because ladies and gentlemen, there are just as many unfortunately, Mature and Old soul that are willing and willfully ignorant. And willing to hide behind generalities instead of being specific. And one thing that the Goal of Discrimination demands is that you hone down into specificity.

Now, this is an ongoing statement that is not just about this period of time. But during this Ordinal time for yourself we want to invite you to go within and with yourself as much as you can turning off the excess noise and the attention stealing of the Techno invasion and the Techno overwhelm that is out there. And go within and really considering for yourself and for that matter doing journaling or just speaking out loud, having discussion groups between a few trusted persons whose perspectives you trust but who don't necessarily agree with you, about ideas like this.

Complexity and the Multiplicity of Inputs



You must train yourself to get used to “non-dual” and the mental uncertainty it brings.

And the first idea is of the idea of complexity and multiplicity. Because folks, the first thing that the Positive Pole of Discrimination once called also Rejection is Sophistication. Now, sophistication means that you come to terms with and yes, even embrace that the universe and the physical plane is a complex set of mechanisms concurrently operating on each other. That's what we mean by multiplicity of inputs. And notice this word panel. First of all, it's set against an image of multiple ripples of liquid waves that are all going in cross patterns like reality does. But also, look at all these word triggers. These are all very definitive. Some of these words like perception, for instance, is a Positive Pole of what we talk about in Emotional Centering, the word obedience is under the Negative Pole of Power.

Now, authorities versus your own authority....Notice that's an interesting place to start to teasing apart the notion of what power really means. Reason used to be the Negative Pole of the Intellectual Center. Now, we, of course, and have translated that into, and use, the concept of Rationalization because reasoning is a systematized way of discerning either by induction or deduction or abduction, meaning the collecting of things. Whereas Rationalization is more like the Negative Pole of Discrimination which means, “I reject this, I reject that, I don't like it, I exclude, banish or deny _____” (fill in the blanks from your own mind.)” Or the Negative Pole of Cynicism, which is, “that's wrong, that's wrong, that's wrong, that's wrong because I say so. And I'm just putting you down for it.”

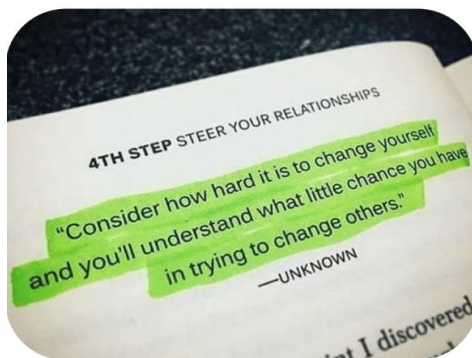
One example before we move on here. Ladies and gentlemen, many of you have seen this one and we know in conversations with several of you, you've literally had this

encounter. And that is one of the Young and Baby souls fall back statements about this election and about anything you present about Donald Trump, which is to simply say, quote, "You lost. Get over it." That is a Young and Baby soul fall back on the importance of victory. And defeat of an enemy just for the feeling of that thrill, that vibrational uplift, albeit momentary and even false but still a zing of emotional energy because of something as broad as "We won", which to them at that soul age is important. And you're not going to bump them off of that one for a while.

So just some of these words... And of course, we will make that these slides available to you. Another Positive Pole use of Cynic, as we talked about, is contradiction. And of course, you're seeing contradiction out there every day right now. And you're going to see more and more of it. But the beneficial contradictions will come when people contradict declarations of dominant power with facts and yes, even somewhat with name calling *but curated with facts* you know, actual identifiers not curses. Like comparing, Donald Trump dismissing this recent event with the app that was used to distribute the war plans. That lack of security and then saying, "no, Hillary did it 10 years ago" and so on and so on.

It's standing up against those and calling them on it. That is an appropriate use of slapping down and not letting them get away with setting the narrative. This image I just want to be really clear about because this is where Attitude of Cynic and Martyrdom you know, have an interaction.

A Bitter Truth of Positive Pole Cynicism.



Contradict your own "certainties".

This is a Positive Pole Use of Cynic Energy within the Self.

Locate, but don't act from Shame or Anger. Be when you do, you will be finding the edges of where feelings of Martyr'd helplessness reside in you. Weed them out!

You see it is really important to understand that it's about you confronting just how much energy it's going to take to change yourself, develop those new habits. **Had** those old notions that we talked about and start to reorient yourself to the realities of the new world. Rather than some Kumbaya want to be, and please forgive us, Kumbaya is a beautiful song, but it has come to have a derisive connotation. And we are here just utilizing it as meaning over-positivism to the point of self-deception.

So when you come up against these, center back on the self, be aware when Martyrdom comes up to say "oh poor you! Oh, look at how hard I've got it or how bad it is, or it's helplessness!" that goes along with Martyrdom. And get in there and say, "wait a minute... where am I helpless?" The more you do that and then work to find those common narratives. Literally, sometimes you could just say, "man, it's tough, ain't it?" to anybody of the quote "other side" who's a working-class person and boy you'll get a big nod of agreement.

Pos. Pole of Power is Authority: You Choose!



Be the Boss of You!

Reaction is Automatic

Action is a Response.

Persistence, instead of Resistance, is striving to develop something new. NOT, reacting against what you fear or do not like. Select a new or different option than you are used too. (Awkward and Uncomfortable).

Now, this is another way of saying the same thing, but it's an important point to remind yourself. Even through power we forgive. (We see the little gap there that that our in the type there.) But remember, the Positive Pole of Power is Authority and the Negative Pole is Oppression. Well folks, oppression only happens when you have obedience to go along with it. And of course, that harkens back to that graphic that we showed you earlier.

But what we want to help you understand is *that the one authority that you can be the boss of you first and foremost is that you don't suppress your reactions. You intercept it consciously, deliberately instead of just having reactions.* And in fact, find out how you can respond with a feeling of truth for you. But if you have something that you are actually making a statement about rather than just having an emotional reaction to, the more that you can build that strength inside of yourself. It'll help you with that toughening that we talked about earlier. And that is the persistence you need to bring rather than resistance.

Review Each of these for Centers For "Victimhood"



And then, of course, we are talking, you can see here this graphic refers to the three Centers, the Intellectual Center or thoughts, the Emotional Center or feelings, and then your behaviors, your actions in the world. And this is what makes up your Personality. *The use of this Overleaf to see where this Martyrdom, these feelings of victimhood, give away your power.*

**Frequency distortions in Time:
like time loss or time stretch.
Ground your re-actions in or to actions done.**



Of course, you know, this is the famous picture by Salvador Dali, Persistence of Time and Meaning, we decided to use it for its distortion effect but remember, one of the ways to keep your sanity and to keep yourself balanced in your own frequency which will help you a lot...because remember, in an Ordinal year, this is about focusing on you... is at the end of your day, just look at the real things you did as a checkoff list. And by the way, we don't mean just tasks like I accomplished you know going to the store or sewing a new panel on my dress or fixing my car. But rather, and not even in a goal-oriented sense, like you set up a series of lists even though if you do that for yourself, make them as important or enjoyable.

Because *there are things that everyone just has to do*. You have to pay your bills if you're not going to get kicked out of your house or have your services shut down, et cetera, et cetera. So do them in a timely way. Check them off. We think that you will find that empowering but also it will help reorient your own native frequency to what's happening and you won't be overwhelmed quite as much by the external frequencies that are being ramped up in the Techno realm era.

Criteria, Standards and Places where to Discern



Just a couple of last things here. For those of you who are feeling like you're doing a major life review then these are a few areas to get clear on and where discernment brings actually raising your standards; not raising them like make them better, *but raising them to your clarity of really looking at them*. What standards do you actually practice, rather than simply espouse, but do not perform? (Consistent between image and actions – Identity and Follow-through?)

For instance – how do you practice self-care? Are you neat in your appearance? Do you do certain activities, or have a mode of speech, or ways you might show up to or

for others? Even turning on your blinkers when you drive? Things of that nature. You may hold those as "have-tos" or "shoulds." But do you actually practice them or do you actually practice something else? And in which case, either come to peace with what you actually practice. Discern and define your standards and start working to achieve them. Because if you start doing these, this is not about making you better this is about the 80 / 20 rule. Which is 80% of the time you bring your focused concentration of conscious deliberate energy to bear rather than just slogging along in life and having your background energies run you. That is a deliberate choice of attention. Running on automatic is, for want of a better term, your enemy.

Tehcno Realm and Capture of the Sapient Simeon



And in closing, we just want to acknowledge this is what you face folks. In the original books (Messages From Michael and More Messages From Michael); we talked about the fact that human beings are in a simian body, an ape body. You are the, quote, "greatest of great apes" because you are the sapient Simeon the Homo Simeon, the Homo Sapien, the one that is supposedly self-aware, but actually more than self-aware, you are conscious of interacting with your environment. Awareness actually has a deeper level. Which is wondering about "why" you're interacting with your environment. **But when your attention is directed and your notice your senses are arrested or involuntarily engaged, then you have been completely captured.**

This ape (above) is completely still and unmoving. So its body is morose and just passive. It's hearing is completely shut off to the outside world except what's being fed and then its field of vision is completely captured passively by the images on the screen. And that's what you all need to really start comprehending...because the more you succumb or use this and allow this, whether it's in your cell phone or your TVs or your computers, the more that you will find yourself subjected to the dictates, if you will, of the Techno Realm.

So on a worldly level, we just want to say that what you're seeing in the world and the economic upheavals some of you may be actually very secure from it and very buffered from it, but others will not be. Understand that the tools of money and debt have been human structures of accounting and counting. And the bureaucracy and structure that you've learned from it are being influenced from the Techno realm now with the introduction of computers and this is a complete absorption with them. What

will go on is that the Young Soul animal mind will continue to try and manipulate you through scarcity and notice we put that image of Uncle Sam there the traditional image of the United States as a homeless person.

Money and Debt are
Techno Realm Binaries
that have engulfed the
Young Soul/Animal Mind
of Scarcity.

Fear of Scarcity excites
Neg. Pole of Power's
need to hoard.



So our prescription for the next few months particularly, but for years to come as well, is to find and know the conscious deliberate things do and say and exemplify and present them to the world. Some of you are already doing this and you're noticing how deeply satisfying and truly good it feels. And we gave you this image of what was like in the 70's where people would congregate, aggregate, interact. And now, you know, (it says 2024), but of course this is the current era. The tendency is for everyone to retreat into their own private hideaway, their own isolated places but in public.

Resume Interactions (regardless of Soul Age)

Socialization vs Isolation
+ Mature vs -Old

1st image is risking
Safety with Others.

2nd image is insecurity
about your responses.



And for that, we simply say it's because many of you feel an insecurity about what the other person is going to say back. And that tension is what prevents you. And so we show you this socialization versus isolation because the Positive Pole of the Mature Soul energy is inclusivity and interaction. Whereas the Negative Pole of Old Souls is potentially isolation and retreat.

And so you want to really keep both of those in mind. Exercise that Mature Soul tendency. And some of you who've participated and once again are going to group activities or even participating in worldly things like marches and that sort of thing,

that is good because you are interacting on the analog spontaneous level with other human beings not just hiding behind those.

Next 3 months....

- **April** – Look for ways to literally do new and uncommon things. The energy will favor small projects that support connecting to each other. Emotionally-Centered Cynic will loom large as a source of interference with worldly affairs.
- **May** – More worldly events that will shake your faith in people of power. Show downs publicly will happen. Begins a messy but revealing period.
- **June** – With the Summer heat, mass movements of people, mostly forced – will make people more irrationally fearful and upset. Martyrdom will show itself.

So the last thing we just want to say is April, May, and June. Some of the things is that in April, look for more ways to do new and uncommon things. The Artisan energy will actually be very open and proactive throughout Aries, Taurus and Gemini. Taurus in May will feel actually pretty good for a lot of your body. So we really encourage you to go do things that are really physically oriented, even though **it's the last in the three (Centers) of this year.**

In May and then lastly, in June, when the heat starts to kick in worldwide. Find.... and we want to give a shout out to one of our channels, Troy Tolley for coming up with a concept that they adapted. And that is the taking and recasting the Nine Needs as the Nine Paths of Giving. So review the Nine Needs and imagine flipping them instead of things that you're getting or harvesting that you are actually producing in the world. And some of you out there actually have that written material. And if you care to share it and put it out it can be very useful as a guide to ways you may want to put yourself out in the world.

[Excerpt from Michael Channel Troy Tolley from a Private Reading](#) – provided by Nan Patrick:

MEntity:

In terms of volunteering and activism, there are really only 9 ways in which one can contribute. Though there may be a multitude of options for each way, they would all fall into the categories that are described by the 9 Needs. We would refer to these as the 9 Paths of Giving, perhaps. What we have delivered to Troy are examples for each:

SECURITY - *Examples of Giving - Volunteering at shelters, helping to provide essentials such as food, clothing, and advocating for affordable housing policies; participating in programs that teach financial literacy, job training, reading skills, etc.*

ADVENTURE - *Examples of Giving - Helping to coordinate community outdoor activities, such as hiking groups for underserved youth, volunteering for organizations promoting ecological exploration, such as marine conservation groups or urban adventures.*

FREEDOM - Examples of Giving - Supporting organizations that work on freeing wrongly convicted individuals and advocating for prison reform; volunteering with groups promoting internet freedom, access to information for marginalized communities.

EXPRESSION - Examples of Giving - Teaching art, music, creative writing workshops to underprivileged children or adults; advocating for freedom of speech, helping to creating platforms for voices underrepresented in mainstream media.

EXCHANGE - Examples of Giving - Supporting local bartering systems or time banks that encourage skill sharing; volunteering with international exchange programs that foster cultural understanding through shared experiences.

POWER - Examples of Giving - Mentoring programs that empower individuals to develop leadership skills or basic confidence in their own abilities; supporting political or social campaigns aimed at increasing local voter turnout and civic engagement.

EXPANSION - Examples of Giving - Working with organizations that provide access to education or facilitate lifelong learning at any age; advocating for global connectivity that bring resources and information to remote or more isolated communities.

ACCEPTANCE - Examples of Giving - Participating in inclusivity training sessions or facilitating dialogue that helps reduce discrimination and promotes understanding; volunteering for support groups that help individuals be seen, heard, and loved, such as through an LGBTQ center or mental health hotline.

COMMUNION - Examples of Giving - Joining or starting community-building events, such as neighborhood potlucks, clean-up drives, cultural festivals; supporting organizations that promote unity and collective healing without exclusionary practices.

As you read through these examples, you will likely feel or see a "ping" of "oh, I could do that!" and from there, look at expanding on our suggestions.

MEntity: When individuals can see a path of giving that taps into their own abundant resource, it can help one to aim for context of giving that feel truly effective.

MEntity: In all instances of activism and volunteering, you will find these fall primarily into one of the categories, though they may overlap.

So with that, we want to thank you for listening and thank you for being here. We hope that's been instructive for you tonight. And we realize that some of you...and Mei Stone says in the chat that punctuation matters. Yes, Mei, we agree. It does. And we also want to acknowledge that the transcription matters. So hopefully the transcript has been doing its job, even though my computer bar is now hidden. There we go. Let me go to transcript and just save it. All right.

So ladies and gentlemen, again, thank you. And we turn it over to you. Any of you who would like to start, please know that you can use the electronic hand raising under reactions or you can literally raise your hand on the screen.

Audience Question and Answers Begin

And so we're going to start off with Janiana. Go right ahead. First question.

Janiana: Hi there, Stephen. I want to jump back slightly. We were talking about balancing our frequency. You and Michael suggested at the end of the day, what are the real things you did?

Michael: Yes.

You said, "not just the tasks, not just the Goal". I felt like there was something more and you didn't come back around to it. something like Look at the way you went about it ... In other words, were you taking to heart some of what this whole hour has been about noticing our reactivity noticing where we were more inclusive. So anyway, I felt like there was a little more there. That serves as question to see, is there a little more?

Michael: Well, first of all, thank you Janiana, for mentioning that. And because you interpreted how to use the discernment feature on a personal level in your way of describing it.

The part we would add as far as balancing one's own personal frequency would be just two last pieces or two additional pieces, not last. Number one is in just reviewing that list saying "attaboy or add a girl." And in doing that, literally you will find your vibration. Because you will have done it at your frequency instead of trying to rush to the frequency that the outside world is currently vibing everyone at.

So that's one of the two pieces that perhaps we didn't make explicit. The second piece would be that in an effort to notice that vibratory state, just create a kind of reverie, for want of a better term, or even if you want to call it a recalibration. Give yourself even two to five minutes of merely sitting with it. And besides gaining the better feeling of vibration you will also drop into unconsciously remembering once again your own frequency.

And why a person knowing your own frequency is better is because you will recognize when it is you being you rather than you being played upon by the demands of either someone else or the world at large. Does that help?

Thank you. Yeah, I feel like there's a big invitation in there.

Michael: There is a huge invitation. Absolutely. A big invitation. For that end of day review, it's partly coming back to being conscious by noticing even if you didn't notice in the moment you were reactive and got your buttons pushed or when you took a different kind of action or where there was a creative opportunity and you actually stepped into it.

So I feel like that end of the day review could be a very profound practice.

Michael: We agree. And to use a term that we used in advertising this evening and you alluded to is that you are also doing a conscious, deliberate series of reshapings and also self-reinforcement toward this new self-image we mentioned before.

And I must tell you, Stephen, you do very beautifully as superhero. I loved your image. I love your image of you with the aura behind you. It was fabulous.

Stephen: Yep. Yep. Thank you. In giving credit to the prescribed filter that happened to be at night cafe it's in a gothic kind of cathedral. And it just so happened that came around we weren't trying to claim any holiness for the channel or anything of that nature. Thank you.

No, no, but I got that. I got that because I could see it was a cathedral. And that's part of the light of it.

Stephen Yes. Yes. Thank you. And appreciate the Positive feedback. Thank you, Janiana. All right. Do you feel complete?

Thank you. I do. Thank you for right now. I'm putting my hand down.

Michael/Stephen: Okay. All right. Good, thanks. Who would like to go next? Well, if no one would like to go next, should we take a few minute break so that we give your butts a chance to get up and move around and then come back in five minutes.

We got a couple of thumbs up So, okay, we'll do that. So why don't we just take that this time and say return in five to seven minutes And then perhaps by that time, some of you will have coalesce some questions or what have you, all right? All right, gang. So see you in a few minutes then.

Michael/Stephen: All right. And it looks like most of you are back. And so we just want to acknowledge that it is now up to you folks to lead us. We will say good night and especially let those of you on the East Coast go to bed.

He's got his hand up. Terry's got her hand up. Yeah, so did Joe, I noticed.

Joe: One thing I wanted to say...Things like this that I've haven't heard in quite some time. It was really, really, really well done.

It came through the smoothest.

Well, the content was exceptional as well. Everything else was too but uh the I was speaking of the content And it just flowed. I just wanted to tell you that.

And I would like a copy of it if you could spare it.

Stephen: Good. Thank you, Joe. Thank you. And yes, you're going, everyone will have a copy. I heard Susan mention that she's... By the way, ladies and gentlemen, gratefully, Susan has been doing the transcripts so wonderfully. And so that's much appreciated by me because it's not something I do particularly well. It drives me bananas.

But anyway, I see Mei was waving her hand. I mean, Tomaso was waving her hand, then May raised her hand. So I'll do them in that order. So Tommaso first and then May after that. Thank you, Joe.

Tomaso: Thank you. I'd like a little bit more elaboration on the end of the day

actions or things because I've forgotten the words that were used. But it isn't just like a regular check-off list. So a little bit more specificity please for one who likes that.

Michael Visualization ensues:

"So should we give you, should we do an example right now All right, everyone, close your eyes.

We're just going to take you through this in just a couple of minutes.

Okay, so the first thing we'd like you to just harken back to even if you don't remember waking up or getting out of bed. Just kind of just drift back to mourning or some of your cases maybe mid-afternoon But whatever it is that you got up. Because at that point most likely to be operating at your own frequency.

Let yourself recall either the feeling or some of the imagery you saw. And then next whether it's from your habits of a regular day or some of the specifics of this day as you got up. Got dressed or dressed moved into other rooms.

Just notice that with each part of that, those activities were yours It might have been second nature. It might have been deliberate. But they were yours. And then as your day drifted forward. Notice, just recall a few of the things that you felt that you felt accomplished today.

And these can be things, activities. Or just even the people you spoke with. Or a place you want it to be. Or an appreciation of your day or feelings of irascibility. Whatever on the spectrum of emotions it might have been for you. Because we don't want you to in any way shape or form choose one as better than or less than but just be with and account for.

And as you do notice you were doing these at your pace at your standard frequency. And this was your life, in your day. And if there are any glaring things that were either so greatly wonderful or so annoyingly disruptive account for those as well. But notice how different they may have been from your natural way of being. just to get a sense of the variation.

Now, with this accounting of your experiences, your emotions your awarenesses of your presence in your being we hope you can give yourself a place just acknowledging this was a day in your life. And in that day of your life, we hope you can have feelings of appreciation

But if there are things that come to mind that you'd like to see or try and encounter in a different way either through experiment or deliberate disengagement. Let that turn into the imagination of yourself which is your own Artisan sub personality even if you're not an Artisan. And that's it."

So how was that, Tomaso? How was our experimental visual with you?

Tomaso: That was very nice. Thank you.

Michael: You're very welcome. Did that answer your question through that example?

Yes. As a very low Frequency person, I struggle a lot. With both the current frequency and just a lot of frequency around in general. But thank you.

Michael: Yes, Sure, you're welcome. You feel complete with that.

Yes.

Michael: All right. We'll go to Mei Stone.

Mei: Hi there. I'm going to ask actually about your perception with something extremely specific, which is which something which began about a week ago And I know that the channels do and have spoken or use this word *Nexus* And I was just wanting to know if there was any particular thing you know energy I think any particular increase or swelling of energy about a week ago, which would have been sort of the about sort of the 20th or the 21st of this month.

Because I guess I'm just sort of curious if there's um a way to understand what happened i mean i because on a personal level I felt a lot of pressure building up And also I registered in the life of a friend, a very good female friend of mine So I just wondered whether there had been some kind of energy crescendo. Because I know that it all just kind of it kind of popped after that.

You know, with regards to your presentation consortium I personally feel that I mean, maybe shouldn't quite summarize it this way but to me, it kind of all just boils down to focus what it is that we are focusing on if we're focusing on staring at our phones too much or are we focusing on incredibly contradictory and confusing messages from on a much bigger scale from coming from the environment around us. And I think that the you know the whatever Artisan energy is influencing us is certainly um also just be creating just a lot of, well, as you were saying, a lot of chaos.

It's just very difficult to navigate that and if that depending on the degree of Artisan energy which a particular personality has I could imagine that that complicates things. Even more so my focus was very much brought down to this particular moment where I felt a lot of tension building up and it And for me, it turned into a whole week of a whole week of erratic heart rhythms which which I went to, I finally went to see a medical doctor about. But I just wondered, you know, there are solar flares happening you know there are this chaos all over the world. I mean, just today there was the earthquake which happened in Myanmar. So I wondered if you would mind expressing some thoughts about that please. Thank you.

Michael: Mei you've had a couple of parallels come in where you are actually a lot more grounded in this body. And in some ways, it's something that you resist a lot, being grounded in your body and sensing things. It wasn't so much that there was a nexus on the world level. Things have been going in their own fashion, but along this major parallel pretty consistently.

You personally had a couple of parallels come in at the equinox. And with that, the acceleration of the spring energy is going to give you, and what it really feels like is,

when we're looking at you bodily, it's about... you mentioned the term focus in an intellectual sense

For you, Mei, it's like, "Okay, what are you doing with your bod?" because, the material, there's so much electrical anxiety energy wrapped up inside of you that wants to actually burst out. We would tell you if you could find yourself a bike or go jogging or go hiking or something like that to start moving this through you in the Moving Center.

But it's not like there was a cosmic intersection on a group level. This was about you and your perceptions. But also in these two parallels one parallel came in where you were a person who literally suffered from what is it? ADHD, (Attention-deficit/hyperactivity disorder) Whatever it is. And so this kind of like came into you and suddenly the already great challenge that you can feel through caution of being you know okay, you know in the world really got ramped up. And so this Instinctive Center energy in you liken it to one of your cats jumping around.

And so that's why we say go out and utilize your body. We're not surprised that you probably had heart flutter. Even though it looks like your doctor would probably say, yeah, you had a heart flutter, it's not indicative of myocardial infarction or arrhythmia or anything of that nature.

So without going too far afield Just know that if we can narrow it down and focus, since you brought up that term. You're all right. But if the world didn't shift, your perception in the world and of it through a hyper electrical jolt to your body field did. Imagine you're in a moving car looking at the world and the car is bouncing up and down. And yet what it probably looks like, because you're in sync with the car, is that the outer landscape is jumping up and down.

Right. That's the way how we would give you a description of it. So right now your car is just jumping up and down. So get out of the car, get into your body and the landscape and your perception of it will sync and you'll feel a lot better and a lot more at ease.

But you're right about one thing we will add on and just complete with it. When Aries kicked in. This new quarter kicked in of energy that we're describing tonight. And there's a lot of available energy to you Old souls to really kind of say, "whoa, what do I want to do" and it's not so much we're suggesting that you have to focus on doing something it's realizing that the focus is there, A lot of it and at any one given time, it could serve you to just sort it out and say one thing at a time.

Because you, as you know, we've had many conversations with you. You have one of these wonderfully exalted auric fields that just takes everything all at once. And, you know, puts it in the process and can get just slightly like "Where do I start?"

So we hope that's at least been some use to you.

Yes, I mean, the thing with the irregular heartbeats was that it was making me nauseous. And I was like borderline like every time I got a quote unquote attack of that I just wanted to pass out. And then, you know, when I finally went to have

somebody take a look at me I developed this I was my right side my right arm was just trembling uncontrollably.

Involuntarily so it is exactly, you know, it is like this electrical energy. But I really thought, oh, I was trying to tie it into you know, president Putin has just um you know shot you know You know, I was trying to, I guess what I was trying to do is make was do my task of coalescence Because as you know, as a sage you know we're always coalesce we're always sort of out there sort of wondering about the different coalesces wondering about the different relationships between things which are not don't seem to be on the surface, don't seem to have any necessary relationship with one another

But that's like the argument, well, that the butterfly, the beating of the butterfly's wings has nothing to do with an earthquake happening you know in Australia You know, so, so, but, you know, as a

Michael: I believe you're referring to the tornado or a hurricane somewhere else, not an earthquake but We get your metaphor.

Oh, yeah. Yeah, yeah, exactly. But I think that's what Sages do I think that we look at, you know, here's some information here and then here's some information over there And are they connected you know we for some reason I guess we You know this particular Role likes to look for connections like that so it's not that far-fetched you know to say well something's happening in my personal life and is this reflective of what's going on the macro level just as what's going on the macro level Is always potentially can be seen in what's going on the micro level.

Michael: Well, we might add one thing to follow up. We said this year is Ordinal, Ordinal, Ordinal. Personal, small scale. In May, so many of your overleaves are Big scale, exalted, exalted, exalted.

You know and so you enjoy the viewing of the cosmos on sort of a grand big sweeping picture. So bringing it back down home. Yes, you can sometimes slide over to, you know, out of Acceptance into Discrimination and then over scrutinize yourself you know sort of like in a hyperactive way of using that Goal. But we're just suggesting reducing it down to what do you want Even if your pictures of yourself and your world, your world, not the world and hone in on that.

But don't worry so much about the intrusion of the world's energies into your space. Yes, it can have influence. But from the episode you described from last week the energy that will be proceeding for the outer world is not so much really what's affecting you per se. It's that your historic perception of being wired to default to exalted explanation is what can get you distracted and off center from yourself.

Okay. All right. Thank you very much that's Yes, that's very helpful. Thank you.

Michael: You're welcome. Very good. Very good. You're welcome.

Oh, and just to say your AI picture, by the way your ai image of the you know of the of the Warrior that's also very it's very imposing. But like I said on Facebook, you look exhausted in it. You look absolutely beat.

Stephen: Hmm. Wow. Yeah, that's certainly how life has felt and AI apparently captured that in my self-image right So, yes.

All right. Thank you.

Michael: Thank you, May. All right, Kathryn.

Kathryn: I guess I'm going to talk a little bit about the macro environment. Now, we've looked at micro. With this change in focus in the outer world, it's still chaotic. Perhaps even more so starting April, May June Do you see any shuffling or change of some of the significant key players that are shaking up the world environment right now? I'm curious, as a Canadian, I'm especially concerned because that was not in the long-term image. But I do wish to know what is currently playing on that world stage and is there a change of cast coming along?

Michael: You know, Trump really wants to be loved. And, you know, but like a king or a god, he wants to be loved. Now, of course, that's a delusion. But in a way, you know, he's also helping to stir up the love orientation in the world by virtue of having everybody hate him.

I mean, he doesn't see that at all because, again, he thinks he's loved and adored and all this sort of thing. But he's doing a good job on helping people really galvanize and center around what they really love and what's important to them. Even if it feels distorted and distracted. The new Canadian prime minister and the resolve in Canada is such for one thing, Trump would have a difficulty finding enough loyal troops to actually attack Canada. He really would. He'd have the same problem that Putin does in Russia right now, getting recruits that would actually go and fight. But he still had some.

But, you know, of course. Yeah, of course he does. He does. And what he would do is something that is very very, very unfortunate to see because it is a representation of the Baby Soul energies in the world and that it would be a return to mercenaries. There are literally enough private quote "contractors, both companies like what used to be called Blackwater. But there are many in the world w in different national zones that operate fairly large scale forces. There's soldiers for hire.

And of course, what recent history has not too many Americans know about is that much of the Iraq and Afghanistan war was fought by paid mercenaries instead of actually American soldiers. Which made the financial cost of that war a lot more expensive. But as far as the philosophy of war in the Modern era it took a step backward to essentially colonialism.

Anyway, so Canada looks pretty safe as far as that goes. Now, we're going to say it out loud. We realized that the shall we say ceasing to function of the president's corporeal form is a highly prized inspirational goal that many people have clung on to.

We don't want to say anything more than that. In fact, recordings like this are tracked. Now, is it tracked by this AI? Yes, it is. Is it you know but saying specific words you know, we'll play the game.

That's not going to happen. We're not seeing him leave anytime soon. But it's actually very useful that he is in his place because while he also may be the figurehead, he is also the lightning rod. And he is divisive within his own cabinet. Whether it's divisive about Elon Musk or some of his own cabinet members, he's screwing them up. And so he is your best representative as far as making a mess of things.

And continuing. And yes, it's chaotic and yes it's you know there is a lot of dismantling. There are some people in many metaphysical or new age circles who say, "oh, good, you know, this is going to collapse. You can finally build the new build you know golden era and what we say is truly nothing ever, no real good evolution comes out of total crash especially the way that it's happening now.

Evolution happens, you know, not necessarily gradually. But by the fact that you have structures and you morph them. So their mindset is naive in the way that they're looking at this, even though they're right. That eventually this is going to be a pivot where humanity will go through its last concentrated and very potent date or period for a couple of decades of totalitarianism. And yet it is a totalitarianism that will be so hands-off compared to a lot because it is now planetary. And there's just too many beings to manage on a daily basis.

The unfortunate part is, is that with the incursion of the Techno realm and the tools of the Techno realm all of you can be followed essentially wherever you're at, even if they're not paying direct attention to you. So, you know, in Eastern Europe.... Western Europe, excuse me. They're getting their act together. They're lining up behind Ukraine. Ukraine is pissed and they're going to stand against Putin. And Putin is, he's the one as a world leader that actually is standing on the most tenuous ground. Even with all his wealth because he is more paranoid than Trump because he's more conscious than Trump is. And he knows there's more people who would love to take him out. Trump is just you know self so self-assured that he's a god in his own, you know. Oh, my God. He will be the next.... They're going to replace the myth of Narcissus with the myth of Donald. I mean really looking at his own reflection you know around the wall, that sort of thing.

We're alluding in generalities because it's such a big topic. We don't know if we've said some of the things to the heart of what you're asking.

[Behind the scenes players. Some of those are also of major concern. Are any of those going to shift, follow the favor get new parts or written out of the script?](#)

Michael: Well, there are those in front of the camera that are, like in the United States say, in Congress. You know, who are in front of the camera like Majorie Taylor Greene for instance. She's heading for a downfall and she'll do it to herself to where even Trump will just discard her. Because she'll have overstepped her bounds. But behind the scenes we see some of the Techno giants who are more interested in their

corporate holdings and expansion say, "Okay, this destabilization is not working for us."

I mean, "Yes, we have all the money and power and we're not going to lose any, but we like all the control" so somebody like Tim, the fellow at Apple um even though he has bowed a knee in some ways to Donald Trump. Or Tim Cook.

So Tim Cook he is not on board with most of the stuff, but he is hiding his time and neither is that corporation. So In that regard, he and a few other of the Techno lords are much less allied and much more interested in the business ramifications of Trump and his pals are doing, then they let on.

So that's a destabilizing factor behind him, even though again they represent a passive allegiance.

Okay, thank you that that kind of addresses it.

Michael: Okay, very good. Anyone else? Oh, Jillian. Sorry. There it is right in the middle of my screen. Jillian, go ahead.

Jillian: Okay. Thank you, Kathryn, for asking that one because that was part of what I was looking at, although I'll still repeat part of that. It's like I look at Project 2025 which is like actively proceeding and I know that tonight was mostly about, the micro level, but on a more macro level.

Are there ways for us to stop that? I know that, you know, I'm hoping that Elon Musk will back off of the government. He just sold Tesla, I mean, he just sold X, Twitter, or as I call it, Vichy Twitter, to one of his other companies today. He sold it to XAI. At a huge loss. Which means a write-off but I mean watching him go away, does that mean that all of the tech brats, will they go away if he goes away?

Will the people back off of Social Security? I mean, there are all these questions that there's Trump, but then there's all of the other noise and it's not just noise. It's stuff that's really happening.

Are there ways for us to stop that? Or when you say it's going to be another 20, 25 years of authoritarianism, does that mean authoritarianism without any social safety net? Where we're going to see people starving on the streets because of it?

Michael: Some of that, yes. Some of it. Social Security will continue to function because it represents far too much of a stabilizing force. You'd see you know a lot of forgive our phrasing here, folks... you'd see a lot of old codgers with their walkers and whatever guns they happen to have out on the streets if Social Security were taken away or sabotaged because it represents an enormous amount of the consumer spending in the United States.

Medicare and Medicaid, Elon Musk is you know is such a Cynic. And he is so overwhelmed by the Technological mindset as to be a real chimera in this world. And a couple of things that we found out is, if you make him scream about his money, he becomes insecure.

Donnie is an oligarch and a paternalist so you know he sees himself through a different lens that he isn't so interested in being paid off by all these guys, which is what's happening behind the scenes but he sees himself as almost godlike powers, whereas Elon Musk sees dollars and cents as his power. And so here these retractive moves are literally because of the success of the outrage against him.

And he wasn't raised in a democracy. He was raised in an apartheid and where he was the ruling party.

Michael: Right. Right, right.

He doesn't see the necessity for a safety net. Or the utility of it.

Michael: No. And as far as the Tao is concerned, we have said to you guys and much to many of your dismay and sorrow that because of course, it triggers parts of the Emotional Center which are very sentimental and that is that the Tao wants to get rid of about 2 billion people off of this planet. And one of the ways to do it is through attrition. And attrition through starvation, homelessness for you know forced engagement in wars disease vectors. Which is why, Robert Kennedy's influence is beyond the United States. I mean it's interesting because you're going to have countries that are going to be so galvanized and saying, "We're going to give our people everything" like they are, well, already are, but double down and say. "We'll even take people who want to come get vaccinated" and things like that.

But the Tao itself is moving along this train of saying, "Okay. All you volunteers, particularly those of you who want to go to earth 2.... For those of you who remember us talking about for the last 25 years, on occasion, that are still human souls that will not be able to have the same kind of lessons here on a full planet that has and by full, we mean literally wall to wall people that they would have on a pristine planet. So that earth 2 was spun into existence So that, you know, human souls could migrate there and essentially resume life approximately beginning at about the late Pleistocene. Where Homo sapiens really were the dominant species and then the evolution of civilization and everything . So a bunch of Infant and Baby souls and a fair number of even Young souls will be migrating and they have to have a die off here first.

Now, a lot of you older souls this incarnation will come to an end, though you probably are not going to go to earth 2. But when that happens, the collective soul age of this planet will move forward. But it'll do so by virtue of still leaving a much higher harsher environment a harder earth because of a harder earth because humans impact on the planet. And so what you guys will be doing is being engaged in a lot of karmas, trying to repair this place. And if you guys want to do anything that really is supportive you know you've got um you know you've got Miranda as one of the other generations who are going really standing up against and having to then rebuild.

But it's the children, the COVID generation that are going to come on board. And they are going to be pissed and they are going to be in a lot of ways ruthless against the perpetrators of whether it's in Technology or in people who have raped the earth or people who have people who

Or force them to give birth. Forced them into having pregnancies they don't goddamn want.

Michael: Well, that may be some of it, but we were just trying to say as a generational energy they have attuned many of the older souls who are coming in. That generation is attuned to that collective task, just like many of you baby boomers were tuned to the collective task of really grabbing hold of institutions, but you were doing it from such a more idealistic and less expectation of confrontation. I mean, in a lot of ways, the civil rights movement, the women's movement, even the antiwar movement was lot more peaceful domestically and across the world then what's happening in the world now

Peaceful, we mean that relatively speaking, please. **By no means that was only four, not 4,000 or large populations which will There.** So in any case, the reason we offered the emphasis that we did, is first of all and why we even put on Vangelis and Chariots of Fire was to remind you that you can have a Warrior that races to victory in centeredness. The other the other piece of music we were going to play, if you will, on your Emotional Center was the theme from Rocky. **Then you could say turn that energy outward to the world, whereas Vangelists turn it inward.**

But specifically, about the exalted state of the world is we're not telling anybody to take your mind off of it. We're telling everybody to do your individual tasks like you do. Go up, make your calls and do that. But focus your centeredness and concentrate your energy within the formulation of yourself instead of being caught up in the waves of tumult out there. Go ahead and sometimes stand with them; sometimes enter with them for those brief periods and do your participation and then withdraw.

That will be enough to help stymie all those things, just like with what Elon Musk had to do. We will even make the prediction at this rate in two years and possibly even less than, Elon Musk will look to divest himself of Tesla because it has become so identified and such that there will be people, including Trump, who will.... right now he's, you know, my boy Elon and all that sort of thing.

One thing about Donald Trump is everybody crosses him and he blames them. Elon hasn't got to that yet, but he will in the not very distant future.

Anyway, forgive me we've got a couple other hands raised and we want to get to those.

Karen and then Sara because they haven't had questions at all. And then back to Mei and Tomaso So go ahead, Karan first.

Karen: Hi. I just wanted to ask you about this illusion of AI and the lack of energy that's available to support the hardware. You know, we don't have enough water. We don't have enough power. We don't have enough of any of that yet.

Everything in the stock market and the buzz is the investment. We're going to have everything's going to be solved and cured and I mean, I'm just blown away by the fact of how stupid people are because I don't believe any of it. I'm sorry. But I do believe AI is tracking me and it's very uh sometimes it's funny, but sometimes it's actually scary.

Michael: So thank you for bringing it up. And we're delighted that you can laugh at it because we agree that's the best way to deal with this. It's not that AI is the threat in itself. It is the business models and the use of the power holders to impose AI into the consciousness. Remember we said money and debt is how it is, so what is the great worshiping center? It's money and who owes who. Right? That's the great worship. And so everyone looks to the stock market. Look at how wonderful it's doing. And of course, as it was said once in a different way "Forget Wall Street. Look to Main Street." How people are really doing right now And of course, Main Street on many levels, including massive layoffs against many industries is shaky and wavering. But as long as that kind of dialogue and those people who control those resources keep saying, look to Wall Street, and they can play in that illusion then yes, until that illusion comes down.

Now in actuality, do these Technologies have these capabilities? And yes, they do. But are we telling you that any of you should be terrified of these things? You should be cognizant of the fact that at any given time, these kind of Technologies could potentially quote turn against you. The thing about it is with so many people around, it would have to be a concerted effort to target you. But once targeted, whether it's your phone being tracked, facial recognition software, the number of posts you made on any one of the social media sites or didn't, even your own emails to you know private persons it doesn't matter. Any kind of quote "evidence" as defined by a power structure could be collected.

And why we emphasize that phrase defined by a power structure under a rule of law in a civil society, a just civil society there is a presumption of innocence until proven guilty. Under authoritarianism there is always a suspicion of guilt and all we have to do is build a case against you. And that's why we tell people to be very careful with that naive view of knowledge and information that says, "Oh, I don't care. I have nothing to hide." That is such a self-delusion because It's who the onlooker is and who the judge is. That is, we'll tell you if you have anything to hide or not or what your very actions that in your own little you know, **solarcystic** universe you may deem harmless, innocuous, and unimportant. But out there it could be interpreted and used against you.

But that's more the Attitude of human beings engaging this Technology than the Technology itself. And that's a key distinction that you're pointing out that we want to salute you for making that distinction. Because we agree. Do not participate with it. Do not fall into alignment with it. **Do not agree with make your statements. Make your says.** Be public. You know, one of the great an interesting kind of stories has come out in the last three weeks is this Canadian woman who was on a tourist visa who got stopped at the border and then incarcerated for a week or so.

I mean now she managed to send a shock wave of embarrassment through authoritarian and yet they try to apply it to well they did for you know successfully for a few days

But the ramifications of that has made her a celebrity, but also really racked people into saying, oh my god you know we're this is a police state this is you know and that brings people's attention. It wakes them up et cetera, et cetera. So we want to thank you for that input and um And saying that and making that distinction.

So, folks, it's actually after seven so Tomaso will just take yours as the last question. Sorry, Mei, perhaps we can take that offline But it's coming near to the end. So what was your question, Tomaso?

Tomaso: It's a short question. It might not be a short answer.

Michael: Okay. Well, we'll see.

Tomaso: Rocketing back to Earth 2. The homos who go to Earth 2 will they do an analogous destruction, in usage of the planet to which they go?

Michael: Yes. Some of it, they will because in the Young and Baby Soul Eras, certainly the Infant soul era. But the Infant, Baby, and Young souls their evolutions are very dependent on the use of physical resources and interacting with them, getting mauled by the tiger or tearing down a forest to plant crops, introducing foreign plants from one place to the next. And then having the blights that go along with them and then the famines that go along with them and all that.

All of those are interactive kind of lessons that at those soul ages really depend on getting the reflection of the environment back to, oh. We actually caused some of these things because by the end of the Young soul era and the beginning of Mature soul era, the real lesson here is how accountable are you to the fact that you're in the modern term for it is the Anthropocene?

In other words Homo sapiens, human beings are literally now the key force that is shaping the planet and the shaping of the planet is moving in the in the direction of not only extreme climate alteration, but mass extinctions, poisoning and displacement of other human populations and it's all human being created. It's not nature.

It's nature reacting, yes, but it's not nature driven so that's what will happen to a degree. But what lessons they derive from it or deduce from it and how they go about altering it is one of the things the Tao is probably going to do some manipulations to see if it can influence the experiment a little differently.

Thank you. Thank you.

Stephen/Michael: Okay. All right. Very good. All right, everyone. Well, thank you so much for coming. We greatly appreciate your time and your attention. And all the wonderful questions.

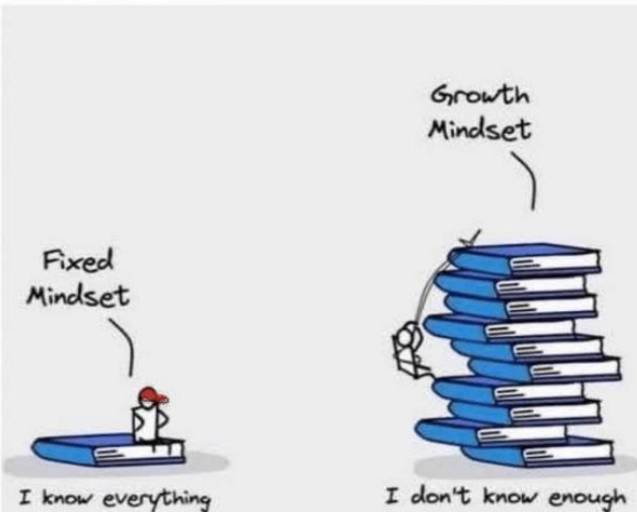
And as always, we hope you have found that useful. And until next quarter We will see you then.

Farewell for tonight. Good night, everyone.

Thank you so much. Really awesome. Thank you, Michael. Thank you, Stephen

Stephen: All right. So let's save the transcript. And good night, everyone.

"Education is not something you can finish."
- Isaac Asimov



Emotional Center in the Intellectual Part –

In the negative poles, the brain, particularly the **Insula** (the part that reacts to stimulus which we find repulsive, disgusting and wants to reject (like a toxin or poison).

It is also that part which we might identify as some part of ourselves in need of healing (medicinal or care), is on high alert during Neg Pole Discrimination episodes (i.e. Rejection or Exclusion based in Prejudice.

Steve, I can't remember where to exactly put this slide. It's in line after the Uncle Sam slide. Just click on it hit Copy than Paste it where it belongs.